



Nassau County Medical Society

Edward S. Rubin, MD

Member at Large



Dr. Rubin is a board-certified physician in both Anesthesiology and Pain Management. He is the top pain management specialist in treating chronic pain of the low back and neck, and muscle pain related to sports injuries. He works in collaboration with orthopedic surgeons to manage pain in the joints and spine. Dr. Rubin's philosophy is to put patients first. He uses the most up-to-date research to tailor each treatment plan based on individual needs. When he is not treating patients and running his practice, Dr. Rubin takes an active interest in research. He has a certificate in Clinical Investigation from Cornell Medical College and has an ongoing study involving the use of lasers in the treatment of pain.

Dr. Rubin completed his residency in Anesthesiology at Weill Cornell in Manhattan. After residency, he attended the Quad Institution Fellowship in pain management at Weill Cornell, Memorial Sloan Kettering, Hospital for Special Surgery, and Columbia Presbyterian Hospital. Dr. Rubin currently has his own medical practice on Long Island, New York. He has made organized medicine and connecting with like-minded physicians a priority; Dr. Rubin is a strong supporter of New York Medical Societies. He is the current Treasurer and former President of the New York Society of Interventional Pain Physicians, a delegate to the Medical Society of the State of New York, and a member at large at the Nassau County Medical Society.

He has dedicated his life's work to improving the medical field for his fellow physicians and the care of his patients. As he continues his service, he will act to resolve the issues that physician leaders are faced with each day.