



Nassau Academy of Medicine

Ronald B. Menzin, MD Second Vice President



Ronald B. Menzin, MD, is a board-certified physician in Internal Medicine. He is currently the Regional Medical Executive for the Northeast Region for Cigna's Market Facing Clinical Organization (MFCO). In addition to being a member of its leadership team, he is the chairperson for both Cigna's East Region Credentialing Committee and its National Quality Advisory Committee. He also serves on numerous standing committees including those assessing Physician Quality and Cost Measurement, ICD-10 Sensitive Code Reviews, a local market Wellness Council, network contracting and membership growth opportunities.

He works directly with numerous ACO hospital and physician partners to offer high quality, affordable healthcare in the employer-sponsored healthcare space. As a medical executive, he works on increasing healthcare literacy, financial transparency and employer-directed healthcare initiatives designed to improve the health and wellbeing of their employees and their families.

Ron grew up in Hicksville, where his father practiced general dentistry - at the West Village Green, somewhat near Billy Joel's home - and his mother was an elementary school art and special-ed teacher. Their three children all became physicians, as did three of Ron's first cousins. He attended the Waldorf School in Garden City, then Hofstra University, and received his medical degree from the Royal College of Surgeons in Ireland in 1982. Ron completed his internal medicine residency and cardiology fellowship training at Nassau County Medical Center, (now NUMC) East Meadow.

From 1987 to 1997, with the clinical and administrative support of his wife Joanne, a registered nurse, he created and grew to be a successful solo-practitioner in internal medicine [Levittown / Bethpage]. Seeking the benefits of a group practice environment, from 1997-2000, he joined Winthrop University Hospital's primary care multisite group practice [Massapequa]. During these years, he also held numerous physician and business leadership positions at New Island Hospital (now St. Joseph's Hospital) in Bethpage - including a position on its inaugural Board of Directors. He first joined NCMS when he opened his private practice and several years later was honored to become a Fellow of the Nassau Academy of Medicine.

Ron initially joined Cigna in 2000 as an Associate Medical Director, working in the utilization management department in Jersey City, NJ. In January 2003, Ron was promoted to Senior Medical Executive for Cigna's Pittsburgh Care Facilitation Center. From July 2004 until March 2011, he was a Medical Director for Wellcare, NY-NJ, a Medicare Advantage HMO, and ultimately assumed clinical oversight including the CT and OH markets. In March 2011, he rejoined Cigna, working within its MFCO.

Ron continues to be a member of the Executive Committee of the Nassau Academy of Medicine and the NCMS Public Health Committee. He has served as a member of the MSSNY House-of-Delegates for more than five years and he is a member of the AMA. He joined the Board of Directors of Planned Parenthood of Nassau County in July 2018. An avid golfer, he is a Past Vice President of The Mill River Club in Oyster Bay and a Past-President of the Community Reform Temple in Westbury (2002-2003).