

Nassau Academy of Medicine

Bernadette Riley, DO Member at Large



Dr. Riley, currently the Director of New York Institute of Technology's Ehlers-Danlos Syndrome (EDS)/Hypermobility Treatment Center and an Associate Professor of Family Medicine at NYITCOM is a graduate of Fordham University (2001) and New York College of Osteopathic Medicine (2005). Dr. Riley has a special interest in treating the hypermobile patient, in her current role she directs a multidisciplinary center for this specific population and participates in a variety of research projects, presentations, teaching, publications and grants at the Center. She started the EDS 4th year elective and Congressional Health Policy Elective curriculums at NYITCOM. Dr. Riley is interested in Nutrition in treatment options for the hypermobile patient and is currently enrolled in a MS program in Clinical Nutrition.

Prior to joining NYITCOM in 2017, she served as Program Director of the Osteopathic Traditional Rotating Internship at South Nassau Communities Hospital, core faculty of their Family Medicine Residency and Coordinator of Simulation Medicine. Prior to that, she served as Medical Director of the Long Beach Group Practice. Dr. Riley postgraduate training started as an ENT/Facial Plastic surgery intern at the former Union Hospital, NJ and she completed two years of residency at the Union Hospital/Newark Beth Israel/St. Barnabas Medical Center before switching specialties. She finished her Family Medicine and Osteopathic Manipulative Treatment residency at Long Beach Medical Center (2010), where she served as Chief Resident, and

was awarded Family Medicine Resident of the Year. Dr. Riley is board certified in Family Medicine and Osteopathic Manipulative Medicine.

Dr. Riley has held numerous past academic titles of Clinical Assistant Professor at many medical schools. She has served as national faculty for the National Board of Osteopathic Medical Examiners (NBOME) since 2012 and is a member of their COMAT Family Medicine subcommittee and COVID 19 Topics Task Force.

In 2017, Dr. Riley achieved an Academic Qualification in International Medicine and Public Health from the Institute for International Medicine. In 2016, she became a Fellow of the American College of Osteopathic Family Physicians (FACOFP). In 2013 she was inducted as a Fellow of the Institute of Leadership in Medicine (FILM) and ACOFP's Physician Leadership Institute and became a Certified Physician Leader. Dr. Riley has an interest in health policy and has been active in advocacy for many years. She was elected President of the New York State Osteopathic Medical Society (NYSOMS) in April 2022. She is an alumni of the American Osteopathic Association's (AOA) Training in Policy Studies (TIPS) Fellowship (2010). Dr. Riley



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graduated from American Association of Colleges of Osteopathic Medicine (AACOM) Osteopathic Health Policy Fellowship (OHPF- 2020). She is on the Executive Committee for the Nassau County Medical Society (NCMS) and is a Board of Trustee for Nassau Academy of Medicine (NAM). She is a committee member for Medical Society of the State of New York (MSSNY) Women Physicians and Physician Wellness and Resiliency Committees. She has been Chair of the Regional Osteopathic Conference (ROC-NY) since 2016. She serves as a yearly delegate for both the AOA's House of Delegates (HOD) since 2010, and as NYITCOM's delegate representative for MSSNY's HOD since 2019.

At the 2023 MSSNY House of Delegates, Dr. Riley was elected Assistant Secretary of the Medical Society of the State of New York.