



Nassau County Medical Society

Subhash Chandra, MD, DFAPA

Member at Large



Dr. Subhash Chandra is a General and Forensic Psychiatrist. He is working as the Medical Director of the University Settlement Consultation Center (USCC) and Center for Alternative Sentencing and Employment Services (CASES). USCC caters to the mental health needs of thousands of unsettled immigrant New Yorkers and fights against poverty and systemic inequality. CASES addresses the mental health needs of justice-involved youth.

Dr. Chandra completed his medical school in India and did his residency in Forensic Medicine, followed by a Post Graduate Diploma in Clinical Trial Management in New Delhi, India. He worked as an assistant professor at the Institute of Clinical Research in India and taught Forensic Medicine and Psychiatry to medical students across major cities in India and abroad. Dr. Chandra completed his psychiatry residency at SUNY Downstate Medical Center (SDMC), Brooklyn, NY, and his Forensic Psychiatry fellowship at the University of Pennsylvania, Perelman School of Medicine. He worked as a Forensic Psychiatrist at the Brooklyn Supreme Court and Assistant Professor of Psychiatry at SDMC. He also worked as Unit Chief for the Adult Psychiatry unit at South Oaks Hospital and Assistant Professor of

Psychiatry at Donald Barbara Zucker School of Medicine at Hofstra/ Northwell.

Dr. Chandra has been involved in organized medicine at the local, state, and national levels advocating for his profession and patients in multiple capacities. He served as Chair of the AMAIMG section and MSSNY-YPS section. Early in his career, he was Resident Fellow Section (RFS) Representative to the American Medical Association - International Medical Graduate Section (AMA-IMGS) Governing Council and chaired the NYSPA- RFM section. He served as MSSNY RFS delegate to MSSNY HOD and MSSNY RFS alternate delegate to AMA HOD.

Over the years, Dr. Chandra has been a panelist, chaired multiple scientific sessions, and judged multiple research posters for medical students and residents. He served on the AMA Committee of scientific research and Chaired the AMA-IMG Scientific Committee for three consecutive years. He has peer-reviewed multiple articles and is an editorial board member of 6 reputed journals. He has long-standing experience training residents, fellows, and



Nassau County Medical Society

Subhash Chandra, MD, DFAPA

Member at Large

Psychiatric Nurse Practitioners. He was awarded the American Association of Psychiatry and Law (AAPL)'s Rappaport fellowship for his leadership, research, and involvement in medical education. Recently he received the Distinguished Fellow award from the American Psychiatric Association.

Dr. Chandra believes that meditation has much to offer, especially in decreasing daily stress and increasing our concentration and efficiency. He is an instructor at the North America Institute of Vihangam Yoga. He has been teaching meditation techniques and discussing the scientific benefits of meditation for the last ten years via the North America Institute of Vihangam Yoga. Dr. Chandra is helping fellow physicians in a mental health crisis via the MSSNY Peer-to-Peer program.